

# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).

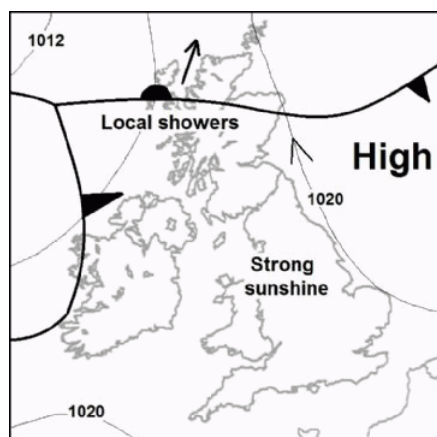


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## Alpine Exploratory

Trekking holidays in the Alps, Norway and UK based on our research

### General Summary for Monday, 7 May, 2018



#### British Mountain Summary:

Based on forecast chart for noon 7 May, 2018

A warm front edges north across Scotland, triggering local showery rain. Low cloud shrouding much of the Highlands in the morning will tend to lift. Wind strengthening, later upland gales far western Scotland. Warm and sunny again for England and Wales with light winds.

#### Headline for Southern Uplands

Breeze strengthening. Likely dry. Some low cloud west.

### Detailed Forecast for Monday, 7 May, 2018

<b>How windy? (On the summits)</b>	Southerly, slowly strengthening through daylight from 10 to 15mph or less morning, up to 20 or locally 25mph afternoon and evening.
<b>Effect of wind on you?</b>	Fairly small
<b>How wet?</b>	<b>Rain very unlikely</b> Small risk of local spots of rain, or an isolated very brief shower, most likely Borders/Lothians afternoon.
<b>Cloud on the hills?</b>	<b>Very little</b> Local banks of fog across some hills, most likely lower slopes near Solway, will very likely all clear during morning.
<b>Chance of cloud free summits?</b>	<b>90%, but 30% morning Dumfries &amp; Galloway.</b>
<b>Sunshine and air clarity?</b>	Frequent sun, although some areas of cloud drifting around. Visibility mostly very good; slight haze.
<b>How Cold? (at 750m)</b>	8C rising to 10 to 13C; warmest Borders/Cheviots.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	<b>Tuesday 8 May</b>	<b>Wednesday 9 May</b>
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	South veering southwesterly 20 to 30mph.  <b>Likely to impede ease of walking.</b>	Timing uncertain: Southerly, strengthening through day from 10-15 to 25-30mph, perhaps 40mph later in Galloway. <b>Starting fairly small, but walking becoming impeded, later risk of buffeting where exposed on western hills.</b>
<b>How wet?</b>	<b>Rain now and again</b> Bursts of rain will spread eastwards, most likely middle of day and afternoon. Here and there the rain may persist for an hour or two. Small risk heavy rain and thunder Borders. Will clear away east afternoon or in Borders toward or in evening.	<b>Rain arriving west</b> Substantially dry for many hours, or likely all day Borders/Cheviots. However, rain is likely to edge in from the west, and later may become persistent west of M74.
<b>Cloud on the hills?</b>	<b>Will come and go</b> Hills in Borders only rarely covered. Elsewhere, fog will intermittently shroud higher areas, although for a few hours may form lower slopes near Solway, before clearing from west in afternoon.	<b>Mostly very little</b> Fragments of cloud covering some higher slopes in the morning, but lifting above most tops. Risk lowering onto hills across Galloway as rain develops later.
<b>Chance of cloud free summits?</b>	<b>70%</b>	<b>70%</b>
<b>Sunshine and air clarity?</b>	Sunshine from time to time. Intermittently hazy, although visibility will become excellent from west as rain clears.	Patchwork of sun, but giving way as high cloud thickens and lowers. Visibility excellent, but may reduce later in west.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	8 dropping to 11C Borders; 9 dropping to 6C elsewhere.  Above the summits.	5 to 7C; warmest Borders.  Above the summits

**Planning Outlook****All mountain areas of Britain from Tuesday, 8 May, 2018**

Atlantic weather systems will affect Britain from Tuesday. Various fronts will result in bands of rain and low cloud. Periods of upland gales - focused on later Wednesday and again on Friday. South to southwesterly winds will result in heaviest and most frequent rain on western mountains. Fairly cool, often only just above freezing on highest Scottish tops this week and into the weekend. Some cloud breaks to higher tops, in Scotland most common toward N/NE.

The extensive snow pack above about 700-900m in the Scottish Highlands will melt only slowly, with expanses of very hard snow continuing to block routes onto some Munros.

**Forecast issued at 16:19 on Sunday, 6 May, 2018**

The production of the Scottish forecasts is fully funded by the Scottish Government through the Mountaineering Council of Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Geoff Monk & Associates, 2018.